How to Build Theoretical Frameworks

The *theoretical framework* is one of the most important parts of your research. Through the exploration of theories, not only will the writer expand their information about certain topics, but they will be provided with analytic tools and terminology to assess the target of your research.

Step 1

Search for the Theory

One way to search for theoretical frameworks is by searching for sources related to your material. A good source will cite one or various theory writers that may be useful for your research. Another piece of advice is to look at their bibliography page for a good place to start your findings. Although theoretical material may appear quite challenging for newcomers, through experience it will become second nature.

Step 2

Identify & Explain the Theories

After overviewing the sources available, write down all the theoretical terminology that is relevant to your research topic. Next, define them and the element related to it. The goal is to comprehend the terms.

Step 3

Relate it to your Research

After defining your theory, the next step is to connect it to your research. Ask yourself the following questions:

- How does it apply to my research topic?
- Does the theory expand my investigation? How does it achieve it?
- Can the theory be paired with another material? Which one?

Step 4

Retry or Continue your Research

If you still have a few loose ends, repeat the process from the area your material is weakest. If you need to search for more theories, try asking your advisor or checking for related works of already mentioned authors. The objective is to build a strong and self-supported framework that will be the anchor to your paper.

References
https://www.scribbr.com/dissertation/theoretical-framework/